

Marvin – Providence St. Joseph Hospital's Behavioral Health Partner

As physicians, we spend a lot of time thinking about the health of our patients, but sometimes not so much about our own health. Marvin Behavioral Health is a virtual service that has been up and running at Mission Hospital and has been well received. The Medical Staff at

St. Joe's, is now partnering with Marvin to make this virtual therapy service available to you.

Virtual therapy is provided by licensed therapists, the sessions are 100% confidential, and they bill in-network with your health plan. A 24/7

crisis support hotline is also available.

Announcements on how to access this valuable service will be forthcoming. Key contacts are: Melissa Rudolph, MD, Vice Chief of Staff, Eric Wellmeyer, MD, Chair, Wellness Committee, and Sr. Manager of Medical Staff Services Beth Miller.

Arpan Global Charities Medical Mission to Hue, Vietnam

Arpan Global Charities recently returned from Hue in Vietnam after completing its 27th International Medical Mission from February 24 - 28, 2025. This was Arpan's fifth mission to Vietnam. The Arpan team served our host hospital, the Hue University of Medicine and Pharmacy (HUMP). Hue University is the third largest Medical University in Vietnam (after universities in Hanoi and Ho Chi Minh City). This hospital, and local community clinics, provide medical services to a large population covering the city of Hue, the highland provinces, and Central Vietnam.

From St. Joseph Hospital:

- Huong Thi Duong Beck, MD (Medicine)
- Paul Beck, MD (Orthopedics)
- Sue Dragoo, NP (Obstetrics)
- Carole Kohen, MD (Pediatrics)
- Sudeep Kukreja, MD (Neonatology)
- Brian Palafox, MD (Cardiothoracic Surg)
- Afshin Shabanie, MD (Anesthesia and Pain Management)

Services provided by the Arpan team to the Hue University community:

Obstetrics: presenting on diabetes care in pregnancy to OB residents, faculty members and midwifery students, and mentoring medical students to determine gestational age by palpating the abdomen.

Orthopedic surgery: mentoring surgical procedures and bedside teaching, including over 15 orthopedic surgeries.

Pain Management: collaboration with Hue colleagues to mentor and demonstrate new epidural and facet injection procedures.

Pediatrics and Neonatology: lecturing and teaching over 100 residents and faculty on neonatal resuscitation (NRP), pulmonary hypertension, pulmonary hemorrhage, neonatal hypotension and congenital infections.

Thoracic Surgery: advanced procedures including pulmonary lobectomies, wedge resections and the Nuss procedure for pectus excavatum, including mentoring and bedside teaching for residents and attendings.

Pharmacy: lecturing on compounding techniques to 100 pharmacists, updating medication labeling and packaging, and

providing guidance on proper administration of medications.

Primary Care: three-day rural health clinic, seeing over 100 adults and children, including 4 home visits as part of a pilot program for the community.

Sudeep Kukreja, MD:

"Our mission would not have been possible without the dedication and hard work of Drs. Paul Beck and Huong Thi Duong, and our liaison with the Deputy Head of the Hue University of Pharmacy and Medicine, Office of Science, Technology, and International Relations, Dr. Nguyen Thi Anh Phuong."

Please contact Dr. Kukreja at 714-585-1920 or by email ArpanGlobal@gmail.com to learn more about future medical missions.



GRAND ROUNDS: "Achieving >70% Survival in Cardiogenic Shock at St. Joseph"

Wednesday, May 14, 12:30 - 1:30 pm ; Lunch provided - Zoul Auditorium

Jeffrey Tyler, MD, Medical Director and Chair, Cardiogenic Shock Program, Providence St. Joseph Hospital;
Consultant Cardiologist, Anaheim Ducks; Structural & Coronary Interventional Cardiologist, OC Heart Institute

Virtual option: Visit <https://bit.ly/4jxT6hQ> or scan the QR code with your smartphone camera.



MEDICAL STAFF BRIEFS

A Publication from the Chief of Staff and Chief Medical Officer

April/May 2025



1100 W. Stewart Dr.
Orange, CA 92868
www.providence.org/stjoseph

SUBMISSIONS SOUGHT:

Please send news items to 714-771-8056
or SJO-MEDICAL-STAFF@stjoe.org

DONATING LIFE



DONATE LIFE FLAG RAISING CEREMONY– St. Joseph Hospital partnered with OneLegacy during the month of April to celebrate National Donate Life Month. On Wednesday, April 9, caregivers gathered at the main hospital lawn for the Donate Life Flag Raising Ceremony, which honors the generosity of those who have saved and healed lives by becoming donors, while also highlighting the importance and critical need for people to register as donors.

In 2024, organ donors from SJO resulted in transplantation of 4 lungs, 2 livers and 8 kidneys for a total of 14 lives saved. In addition, donors gave the gift of sight to 41 patients, with tissue donors giving the gift of healing to 2100 patients. For more information on St. Joseph Hospital's Organ Donation program, contact Wendy Escobedo, DNP, RN, Director, Dialysis & Multi-Organ Transplant, or Shannon Semler, MSN, RN, Nurse Manager, Critical Care.



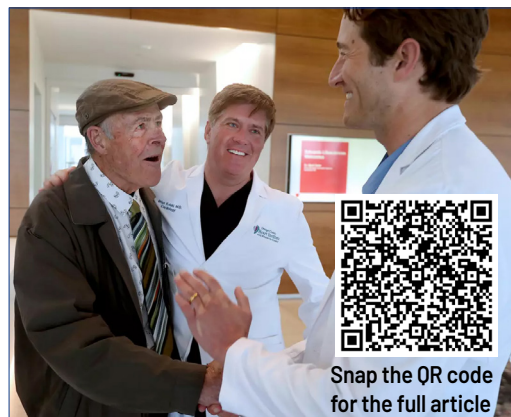
From left: Attendees Robert Naraghi, MD, Kidney/Pancreas Transplant Surgeon, Yasir Qazi, MD, Transplant Nephrologist, and Ervin Ruzics, MD, Transplant Program Director.



To register as a donor, scan the QR code.

IN THE NEWS – Patient Ben McCullough, below left, has a surprise reunion with his cardiologists, Brian Kolski, MD, and Jeffrey Tyler, MD, during a tour of Edwards Lifesciences Corp. in Irvine on March 27. McCullough, a 76-year-old United States Navy veteran who lives in Huntington Beach, received a 56 mm EVOQUE transcatheter tricuspid valve replacement at St. Joseph last November. His heart issues spanned more than a decade due to tricuspid regurgitation. Edwards' EVOQUE transcatheter tricuspid valve replacement system was the first transcatheter therapy to earn U.S. Food and Drug Administration approval in Feb. 2024. However, only three smaller-sized valves – 44, 48 and 52 millimeters – were approved at that time. The larger-size device was approved in late October.

(Don Leach, LA Times/Daily Pilot Photographer)



Snap the QR code for the full article