

MEDICAL STAFF BRIEFS

A Publication from the Chief of Staff and Chief Medical Officer

 **Providence**
St. Joseph Hospital

JULY 2026

Relaunching Our Medical Staff Meetings



Melissa Rudolph, MD
Chief of Staff

On June 29th, we celebrated the exciting return of our General Medical Staff Meeting, bringing physicians and hospital leadership together to connect, collaborate, and align around shared goals. The meeting featured updates on Medical Staff projects and leadership initiatives from myself, as well as executive insights from Troy Gideon, Katie Webster, Elaine Lee, MD, and Brian Helleland, reinforcing our commitment to excellence in patient care and physician engagement.

To view a Powerpoint from the meetings, please visit sjmedicalstaff.org/news-events/news/.

10 years of Advancing Our Mission Providence President and CEO Eric Wexler

We marked an important milestone this month: 10 years since Providence and St. Joseph Health came together as one ministry.

It is hard to believe a decade has passed. I joined our ministry in 2016 because I felt a deep personal calling to our Mission, values and promise. I was inspired by the vision that brought Providence and St. Joseph Health together to better serve our communities throughout California and beyond.

The goal of this union was not simply to become larger. It was to extend our healing mission deeper into the communities we serve. Over the last 10 years, that goal has proven true in many meaningful ways. Together, we have achieved remarkable things, including:

- Clinical advancements improving care across our ministry, including exceeding goals for evidence-based cancer care.
- Expanded access to mental health and well-being support for more than 775,000 individuals via Providence Well Being Trust.
- \$56 million in savings for Medicare patients through our value-based care efforts.
- The world's largest single Epic EHR implementation, unifying all our hospitals on one platform.

These accomplishments reflect the power of our shared Mission and the dedication of caregivers across our ministry. While important work remains, we can be proud of the progress we have made and the commitments we have honored over the past decade. As we reflect on this milestone, we also look ahead. The need for our Mission has never been greater, and we must continue to innovate, partner and serve with compassion and excellence.

I am deeply grateful to the Sisters of St. Joseph of Orange and the Sisters of Providence for their enduring leadership and guidance. Their courage, vision and steadfast commitment to those most in need helped bring these organizations together and remain a source of inspiration for our ministry today.

Most of all, I am grateful to you. Providence St. Joseph Health would not be where we are today without your commitment, compassion and belief in what we can accomplish together. Thank you for carrying our Mission forward every day in service to our patients, communities and one another.



Meet Marvin: Behavioral Health Virtual Therapy

"Marvin" represents a team of therapists, user success coordinators and clinical experts, available to support you in your behavioral health care and help you feel your best.

Marvin sessions are 100% confidential, HIPAA-compliant, and end-to-end encrypted. All Marvin clinicians are fully licensed, including MDs, psychologists and masters level, with an average of 10 years experience working in a healthcare setting. Marvin is accepted by most insurance companies. You can also pay for Marvin sessions out-of-pocket for \$95 per session. If you need financial support, you can apply for a Marvin scholarship.

Marvin also provides couples and family counseling. All Medical Staff members and their family members 18+ are eligible for Marvin.

Therapists offer flexible session hours outside the typical 9-5 hours - in the evening, weekends, and even late at night. You can also connect with a licensed therapist 24/7 on its 888-404-1163 hot-line. To sign up, snap the above QR code with your phone or go to meetmarvin.com to be matched with a therapist fitting your needs.

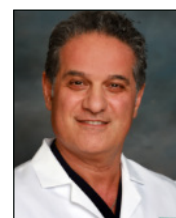
Welcome New Medical Staff



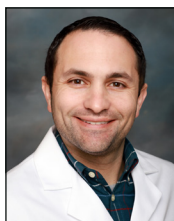
Hassan Aliakbarian, MD
Access Community Hlth Ctr
Internal Medicine



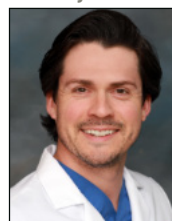
Shruthi Chandrasekhar, MD
St. Joseph Heritage
Family Medicine



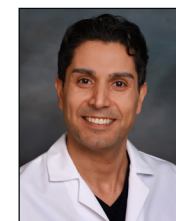
Shahryar Davari, MD
Chest & Critical Care Cons
Internal Medicine



Alex Katz, MD
CHOC CS Critical Care
Family Practice



Brandon Lucas, MD
Spine & Sports
Specialties MG
Orthopedics



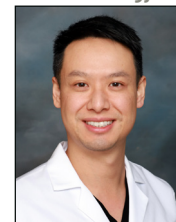
Nami Moradi, MD
Cardiovascular
Consultants of SC
Cardiology



Roma Patel, MD
Infectious Disease
Associates of OC
Infectious Disease



Abdulkareem Sharaf, MD
OC Cardiovascular
Cardiology



Calvin Sung, MD
True Dermatology
Dermatology

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www.providence.org/stjoseph

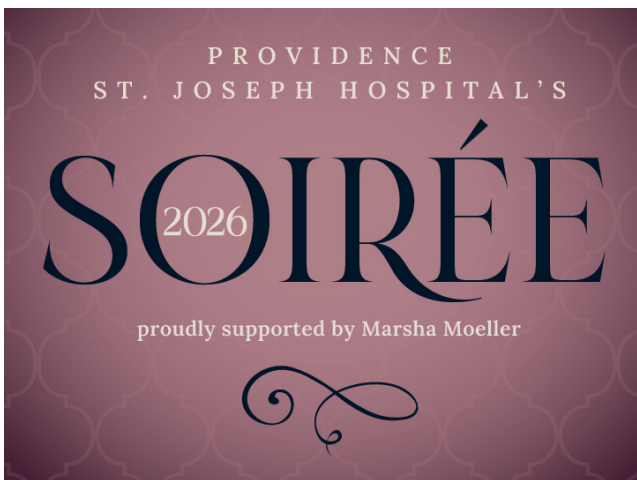


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SJO-MEDICAL-STAFF@stjoe.org. Find current
and past *Briefs* by snapping the QR code,
www.sjomedicalstaff.org/news-events/news/.

Please mark your calendars for Soirée 2026 on Saturday, Oct. 17, at the Balboa Bay Resort in Newport Beach.

This signature event promises an unforgettable evening of celebration, connection and purpose. Set against a beautiful backdrop, guests will enjoy exceptional dining, engaging entertainment and meaningful moments that bring our community together.

The 2026 Soirée will support the advancement of innovation and technology across our hospital.



Your support helps bring life-saving equipment and breakthrough capabilities, from enhancing imaging to advancing cardiac and surgical care-investments that will strengthen every aspect of the patient experience and position our hospital to meet the evolving needs of our community for years to come.

Find more details and sponsorship opportunities at sjofoundation.org/soiree2026. You can also call the Foundation at 714-347-7900 or email sjofoundation@providence.org.

A Hole Lot of Heart: \$1.4M Raised for Transplant Center!



Golf Medical Honorees Ervin Ruziks, MD, Kevin Pham, MD, Robert Naraghi, MD, Amer Jabara, MD, and Yasir Qazi, MD.

The Providence St. Joseph Hospital Golf Tournament on May 11, 2026, raised over an incredible \$1.4 million in support of our Multi-Organ Transplant Program!

Thank you to all our tournament sponsors and golfers for your ongoing generosity and partnership, the day exceeded all expectations and was truly a spectacular experience on the green at the Coto de Caza Golf & Racquet Club.

At right:

Matthew Mullarky, MD, and Daniel Gromis, MD

