



Arpan Global Charities, founded in 2005 by Neonatologist Sudeep Kukreja, MD (4th from right), has taken dozens of international medical missions. "Arpan," a Hindi word, means "dedication" or "to give."

On a Mission to Vietnam

Arpan Global Charities (AGC) completed its 28th International Medical Mission March 22-29, 2026, in Hue, Vietnam. This was AGC's fourth mission to Hue, continuing its collaboration with the Hue University of Medicine and Pharmacy (HUMP) and Hue Central Hospital. The team of 12 (primarily specialists from St. Joseph Hospital Orange) delivered lectures, performed and mentored surgical procedures, and staffed community health clinics serving approximately 350 patients over three days. The team also visited Nuoc Ngot Social Welfare Center, run by the Sisters of Mary Immaculate, who are affiliated with St. Joseph Hospital, where they distributed stuffed animals and donated items to the children.

Please contact Dr. Kukreja at 714-585-1920 or email ArpanGlobal@gmail.com to learn more about future medical missions.

From Providence St. Joseph Hospital:

Paul Beck, MD - Orthopedic Surgery
Peter Truong, MD - Oculoplastic Surgery
Sudeep Kukreja, MD - Peds/Neonatology
Kishan Patel, MD - Anesthesiology
Huong Thi Duong, MD - Internal Medicine
Dan Vu, MD - Radiology
Thanhuyen Do, MD - Phys Med & Rehab
Tony Phan, RPh - Compounding Pharm
Thuong Nguyen, PharmD - Clinical Pharm
William Phan - EMT / Volunteer
Isabella Vu - Student Volunteer
Sophia Patel - Student Volunteer

Organ Donor Awareness Month - The St. Joseph Hospital Multi-Organ Transplant Center team came together in April to raise the Donate Life flag—a powerful symbol of hope, second chance, and the extraordinary decision to give life to others, even in moments of profound loss. We honored the courage of donor families, the resilience of transplant recipients, and the dedication of the medical teams making lifesaving transplantation possible every day.

Pictured at the event, L to R: Multi-Organ Transplant Director Yasir K. Qazi, MD; Medical Director of the Multi-Organ Transplant Center Ervin P. Ruzics, MD; and Multi-Organ Transplant Center Surgical Director Robert Naraghi, MD.

Significance of Breast Arterial Calcification on Mammography

Cardiovascular disease (CVD) remains the leading cause of death among women. Breast arterial calcifications (BAC), identified on mammography, are associated with significantly increased risks of cardiovascular outcomes, including stroke (relative risk 2.05), heart failure (2.14), cardiac death (2.94), and atherosclerotic CVD (1.58)¹

As of 2025, BAC reporting has been designated a high-priority MIPS Quality Measure (QMM28) by CMS. Additionally, reporting of BAC on mammography is recommended by the Society of Breast Imaging subsection of the American College of Radiology, as well as the Canadian Society of Breast Imaging, recognizing BAC as a readily available, no-cost biomarker for cardiovascular risk.²

Accordingly, beginning in May 2026, MRD radiologists will include documentation of BAC presence or absence in all mammography reports, along with a qualitative grading scale (mild, moderate, severe). For patients with identified BAC, comprehensive cardiovascular risk assessment is recommended. When clinically appropriate, this may include specialty referral, lipid panel testing, and/or additional imaging such as CT coronary artery calcium scoring.

Given that CVD remains underdiagnosed and undertreated in women compared to men³, routine BAC reporting represents an important opportunity to enhance cardiovascular risk awareness and improve preventive care in this population.

Use the QR code to view citations at sjomedicalstaff.org/news-events/news/.



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SJO PHYSICIANS IN MEDIA

Interventional Radiologist [Mahmood K. Razavi, MD](#), co-authored an April 13 article in *The New England Journal of Medicine* titled "Endovascular Therapy for Post-Thrombotic Syndrome – A Randomized Trial." The article states, "Among patients with moderate or severe post-thrombotic syndrome and iliac-vein obstruction, endovascular therapy led to less severe post-thrombotic syndrome and better health-related quality of life than standard care over a 6-month period but with a higher risk of bleeding."

The C-TRACT trial was a phase 3, multicenter, open-label, assessor-blinded, randomized, controlled trial sponsored by the National Institutes of Health. This publication marks Dr. Razavi's 7th *NEJM* co-authorship. His continued leadership of our research team has elevated research to a caliber rarely seen at a non-academic hospital, as well as care delivery at Providence. "This is another landmark achievement for St. Joe's research," says Dr. Razavi. "This article will change the landscape on venous disease treatment." Find the article at www.nejm.org/doi/full/10.1056/NEJMoa2519001.

[Tanya S. Nino, MD](#), an SJO double board-certified dermatologist, was quoted in a *US News & World Report* article on "Best Retinol Creams and Serums," regarding side effects of retinol products. See health.usnews.com/otc/rankings/retinol-creams-and-serums.

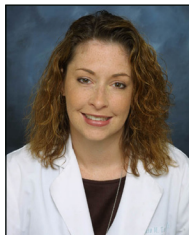
[Laura M. Mackenzie-Tangredi, DO](#), Family medicine physician, was featured in the April 29 issue of *Prevention*. The article is



Mahmood K. Razavi, MD



Tanya S. Nino, MD



Laura M. Mackenzie-Tangredi, MD



Venita Williams, MD



Charles Bailey, MD



Melissa Rudolph, MD

titled, "Doctors Explain How to Tell the Difference Between Cold, Flu, and COVID-19 Symptoms."

Find the article at prevention.com/health/health-conditions/a71121518/doctors-explain-cold-flu-covid-symptoms/.

Radiation Therapy Oncologist [Venita Williams, MD](#), was featured on KTLA 5's "The Doctor Will See You Now" in April. The segment explains how Low Dose Radiation Therapy (LDRT) is being used to treat breast, prostate and skin cancers, as well as degenerative joint disorders, allowing for greater precision, improved effectiveness and reduced side effects compared to traditional treatment approaches.

To find the segment visit youtube.com/watch?v=tv1gXzsDqcU.

Providence St. Joseph Hospital Medical Director for Infection Prevention [Charles Bailey, MD](#), was quoted in "The #1 COVID Symptom People Are Ignoring Right Now According to Doctors," an article in the May 2, 2026 issue of *Parade*, parade.com/health/covid-symptom-people-are-ignoring-according-doctors-may-2026.

Emergency Care Center Medical Director and Chief of Staff [Melissa Rudolph, MD](#), was interviewed in May on Fox 11's Good Day LA about the spike in e-bike trauma cases. Watch the segment at foxla.com/video/fmc-d84g9451o5j98zrr.amp.